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??? ?????? ?? goji ?? ??? ???????? ?? ??????? ????.

? ?????????? ????? ??? ?????????? ???????? ??? ????????? ?? ?????? ??????????? ????? ??? ????? ??? ? ??????? ????????? ???? ??? ?????? ?? ????????? ?????? ??? ????? ??? 50%. ???????? ??? ?????????? ????? ? ?????????? ???????? ? ?????? ????????? ?? ??????? ????????, ????????????? ??? ???????? ??? ?? ??????? ??? ????????? ??? ?????????????. ? ?????????? ??? ????? ???? ????????? ????????? ??? ??? ????????? ???? ????? ?????? ?? ????????, ??????????? ??? ??????? ??? ??? ???? «????, ???????». ?????????????? ???? ?????? ?????? ??? ?? ???????? ??? ?????? ?? ???? ????? ????????? ???????? ??? ??? ????????. ?? ????? ??? ????? ??? ??? ??????? ?????? ?? ??????? ???????, ??????????? ??? ????????????? ???????? ???? ??????, ????? ?????? ??? ????? ?? ????? ??? ??? ?????????? ???????? ??? ???? ?? ???? ??????????? ??? ??????????? ????? ? ?????? ??????. ? ?????? ?????? ?? ?????? ???? ???????? ?????? ??? ????????? ?? ?????????????? (????????, ??????????? ??? ???????).

????????????? ?????? ?? ???? ????? ?????????? ?????? ???? ?? ????? ????, ??????????, ????? ????, ????? ?? ?????, ????????? ??? ?????????? ?? ????? ??????. ? ?????????? ??? ?? ???????? ?? ????????? ?? ?????? ???????? ?????????? ???????? ??????????. ???????? ????? ????? ? ????? ??? ???????? ??? ???? (????????????) ??? ????????? ? ??????? ??? ?????? ????? ???? ? ??????? ?????? ??????. ???? ?? ???? ??? ????????????? ??????????? ? ??????, ? ??????? ???????????, ?? ??????? ??? ????????, ? ?????????????? ???.

??????? ??????????? ????? ? ?????????? ???????? ????????? ?? ?????????? ????????????? ??????????, ?????????? ????????? ??? ????????? ????????? ? ???????? ?????? Alzheimer.

?? goji ??? ????? ???? ??????????? ?????? ??? ??? ????? ?? ???????, ?????, ????? (?????? ????? ?? ?????????? ?????? ?? ??????? ??? ????? ???? ??? ?????????). ????? ???? ??? ????????? ??? ?????? ?? ????? ?? ?????? ????? ???? ????????? ??? ??? ?? ?????????? ???????? ????????? ???? ?? ???????? ???????? ??????????? ??? ??????? ????????? ??? «?????» ?????? ????????? ???? ?? ????? ????? ??? ??????????. ????? ??? ?????????? ????? ?? goji ?????????? ??? ???????? ??? ???????? ??? ??? ???????????.

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110 ?????
100 ???????
90 ????????? ???????
90 ????? ?????
90 ????????? Chips
85 ???????? ??????
85 ??????????? ???? (?????????)
80 ????
80 ??????????, ???????
80 ???? ????, ?????????
70 ????????????? ??????
70 ????? ????
70 ???????? ????????
70 ??????????? ????
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70 ????????
70 ????? ????

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65 ??????
65 ????????
65 ??????? ?? ?? ??????
65 ??????????
65 ????????
60 ????????
60 ????????
60 ????? ?? ??????
55 ????????????? ????? ??????????
55 ????????? (???? ????????)
55 ?????????? (??????)
53 ?????????

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50 ???? ????????
45 ??????
45 ????????? (al dente)
45 ???? ?????? ??????
45 ??????? ????? ??????????
40 ??????? ?????
40 ????????
40 ?????????
40 ????????? ?????? ??????
35 ????, ???????
30 ??? ??????
30 ?????, ???????
30 ????????? ????? ??????
30 ????????????? ????????
29 GOJI
25 ?????? ????
22 ????? ????????
20 ?????????
15 ??????? ????????, ????????, ??????????, ???????????
15 ?????????, ??????